

A quick insight in how
high performers think



Power for
Success

5 THINGS HIGH PERFORMERS DON'T DO!

Ignited by Lisa Clifford



CHOOSE YOUR HIGH PERFORMANCE ATTITUDE

A SUCCESS MINDSET FOR HIGH PERFORMANCE IS A CHOICE.

Most people want to improve their ability. Companies invest significantly into their teams growth, in particular their employees skillset.

Skillset alone can only elevate a persons performance to a degree and then it hits a ceiling. We know that a persons attitude can effect their ability.

So often the blocks within a companies potential is not the teams ability & skill, it's their mindset.

So what would happen if your team operated with a high performance success mindset.

1. WASTE TIME

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A high performer would consider wasting time as killing a resource. Time is the most precious gift we have. Never will you hear them say "I was just killing time".

High performers will seek to be intentional with their time.

Setting time allocations for tasks, start dates as-well as deadline dates. They work to the clock not the calendar. They don't wait for a Monday, start of a month or a quarter to begin something and they would never discount December because of a Christmas Day. They start NOW!

2. TALK NEGATIVELY

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A high performer considers this as a waste of time. It weakens the body, drains energy and is toxic to the team. When talking, their time is better served finding solutions to enrich the vision and company's progression. They want every conversation to serve the purpose of developing something positive, purposeful and productive. Negative talk is considered to be the sand bags to any project or business progressing.

They will spend time with people who feel inspiring to be around rather than stuck and deflated people.

3. STAY STAGNANT

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A high performer is looking for opportunities to grow and develop. Deepening knowledge and self awareness is exciting and essential for their need for growth. They wouldn't ever say "it can't be done" or "its the way we've always done it" or "we tried it that way once before and it didn't work" or "if it ain't broke don't fix it". Continuous improvement is a sport. Marginal gains are the least a high performer would be looking at progressing with. Always looking for a way they can improve themselves and their lives. They walk their talk and hold themselves accountable to a higher level of consciousness.

4. BLAME

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A high performer would not look to blame someone or something else for a failure or mistake, they consider that as game over. They know that not taking responsibility would place them straight in the position of victim, a powerless space. They consider failing or mistakes as opportunities for learning and growth, which is where we learn the most.

Blame destroys that invaluable chance to grow and keeps people stuck. High Performers own their position because from that point they can change most things... they don't rely on other people to make the difference they want in their job and lives. They step up.

5. COMPARE & COMPETE

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High performers are focused on their the end goal and their purpose. They consider other peoples situations and goals as distractions from their own. They know comparing and competing will pull them away from their real purpose and vision, considering this a vanity game.

They know their own strengths and areas for growth which are aligned with their path and vision. They stay focused.

They don't leave their lane to compete with someone else in theirs.



Lisa Clifford

THIS IS JUST THE TIP OF THE ICEBERG

I hope this short introduction into “The High Performance Success Mindset” has been thought provoking. It really is just a taste, which I hope has inspired you to see the value in using your mind more consciously for success.

I do lead in-house coaching programmes which have supported businesses into a growth mindset culture and therefore High Performance results.

Have a look around the website and if you feel I’m a fit for the direction you want to take your team and business in, then please get in touch.

Regards,
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Return to the website www.powerforsuccess.co.uk